

PATIENT INFORMATION SHEET

Welcome to the NIH Clinical Center (Bldg. 10) at the National Institutes of Health. Thank you for agreeing to participate in clinical research.

Getting to the NIH

WATCH VIDEO: <http://tinyurl.com/ya3v9fn8>

All patients, visitors and employees must go through security to enter the NIH campus. The NIH is a Federal agency and security measures, including inspection of vehicles and persons, have been implemented to ensure the safety of our staff and visitors. Visitors 16 years and older must provide a current form of government-issued identification such as a driver's license or passport. Visitors under 16 years of age must be accompanied by an adult. Please allow at least 45 minutes (or as otherwise directed by your research team) to clear security, park your car and arrive at your first appointment.

NIH Campus Access and Clinical Center Parking

There are three campus access points available to patient and patient visitors (see map for more details). For those coming by personal vehicle or taxi, we have a designated Patient Entrance that is open from 6am-10pm daily.

Complimentary valet parking is available at the Clinical Center (Main Entrance) Monday-Friday, 6am-7pm. Patient self-parking is available around the clock in the garage on the P1 level located directly under the building, accessed via Convent Drive.

Transportation

- Metro (www.wmata.com) riders can access the NIH campus via the Medical Center stop on the Red Line.
- Free Campus shuttles are available from the Metro in addition to shuttles from BWI Marshall, Reagan National, and Dulles International airports and many local hotels. Shuttle schedules can be found at: www.ors.od.nih.gov/pes/dats/patientservices/Pages/default.aspx

Wayfinding mobile application 'NIHCC Take Me There' is available. Visit www.takemethere.cc.nih.gov.



The National Institutes of Health Clinical Center's wayfinding app:



Download on the App Store | Get it on Google play | www.takemethere.cc.nih.gov

Arriving at the Clinical Center

If you arrive during business hours (Monday-Friday, 7am-5pm), a member of our Hospitality team will greet you at the Information Desk (located on P1 and inside the Main Entrance) and guide you to Admissions. If you arrive after business hours or on the weekends/holidays, please report to Admissions on the first floor (behind the fish tank) for registration. Admissions is open around the clock and can be reached at 301-496-3141.

The Admissions staff will meet with you for about 20 minutes to review your personal information in a private room. You will be given a Patient Handbook which is found online with other helpful information at www.cc.nih.gov/participate/patientinfo.shtml.

What to Bring to Your Visit

- Valid, government-issued photo ID (e.g., driver's license, passport) for those 16 years and older
- Legal documents (e.g., advance directive/living will, power of attorney, guardianship/custody documents), if applicable
- List of current medications (name, dosage amounts and frequency)
- Name(s), address(es) and phone number(s) for referring medical professionals to receive information about your visit
- Extended visitor badge (if you have one)

Check with your research team to find out if there are specific items you should or should not bring in addition to this checklist.

What NOT to Bring to Your Visit

- Valuables (e.g., jewelry, large sums of money)
- Alcohol (open or sealed), Marijuana/Cannabis (medical or recreational)
- Weapons of any kind (e.g., firearms, explosives, knives with blades over 2.5 inches, archery equip.)

Patient Services and Amenities

- ATM and newspaper machines
- Bed-side 'smart' TVs
- Business Center and free, facility-wide WiFi
- Café and 2 full-menu cafeterias
- C.A.R.E. Channel/channel 8 on all hospital televisions for relaxing imagery, music
- Children's off-unit playroom and playground
- Gift shops and convenience store
- Hospitality Services staff
- Interpreter programs
- Library
- NIHCC Take Me There mobile application (website) for indoor and outdoor routing.
- Patient Representative
- Patient travel office
- Pharmacy services
- Relaxation room
- Recreation activities and gym
- Spiritual care services
- Taxis and shuttles

Helpful Hints

- ▶ Please arrive to the NIH Campus at least 45 minutes prior to your first appointment to allow sufficient time to clear security, park your car and complete patient registration
- NIH is a tobacco-free campus. Smoking is permitted directly outside the campus; exceptions for patient tobacco use may be discussed with your NIH care provider
- ▶ For additional assistance, call Admissions at 301-496-3141

Quick Reference Codes

Please use the following QR codes to link to directions and additional information that might be helpful throughout your visit.



**West Drive - Main
Patient/Family Entrance**



**Commercial Vehicle
Inspection Facility (CVIF)**



**Take Me There
Wayfinding App**



**Clinical Center
website**